

**2XU Stroke & Stride Series**  
**Race #3      2nd December 2009**  
**Swim 1000 metre / Run 3 kilometre**

<b>Position</b>	<b>Race Number</b>	<b>Name</b>	<b>Name</b>	<b>Category</b>	<b>Actual race time (Hrs:Mins:Secs)</b>
<b>Female</b>					
1	431	georgia	LLOYD	f13-16	0:27:59
2	326	elise	SALT	f13-16	0:28:46
3	626	courtney	EVANS	f13-16	0:29:45
4	23	rebecca	BURRIDGE	f13-16	0:30:21
5	293	danielle	PARKINSON	f13-16	0:30:33
6	447	kate	RUSSELL	f13-16	0:30:50
7	567	macaulay	WILKINSON	f13-16	0:32:01
8	206	elloise	KIDD	f13-16	0:34:37
9	78	stephanie	BURSTALL	f13-16	0:34:43
10	256	jessie	MCNOE	f13-16	0:36:28
11	59	carlotta	BLINKINSOPP	f13-16	0:37:11
12	528	kate	MCCORMACK	f13-16	0:40:09
1	541	amelia	WATKINSON	f17-19	0:29:32
2	8	michaela	GUY	f17-19	0:29:48
3	107	sarah	DALLAS	f17-19	0:32:02
4	747	libby	MORRISON-JONES	f17-19	0:32:05
1	1	simone	ACKERMANN	f20-24	0:25:44
2	583	rebecca	CLARKE	f20-24	0:27:29
3	287	lizzie	ORCHARD	f20-24	0:28:10
4	420	nicky	GRAY	f20-24	0:28:56
5	766	vanessa	MURRAY	f20-24	0:31:15
6	656	ashleigh	MULLALY	f20-24	0:34:06
7	520	claudia	HARRISON	f20-24	0:34:07
8	342	allenie	SMITH	f20-24	0:35:22
9	32	odette	ACKERMANN	f20-24	0:36:02
10	524	charlotte	KNOX	f20-24	0:37:02
11	394	louise	WILKINSON	f20-24	0:37:15
12	174	emma	HARVEY	f20-24	0:37:58
13	361	lani	TOPIA	f20-24	0:39:41
14	180	gemma	HEYES	f20-24	0:40:15
15	169	claire	HARDMAN	f20-24	0:40:59
16	504	larissa	BIGGS	f20-24	0:44:12

1	533	anna	ROSS	f25-29	0:28:45
2	478	rebecca	KEMP	f25-29	0:28:54
3	755	liz	BURROWS	f25-29	0:29:10
4	110	gilly	DAVY	f25-29	0:31:05
5	44	kristen	BAKER	f25-29	0:31:19
6	748	fleur	WALTER	f25-29	0:32:39
7	284	sarah	NICKALLS	f25-29	0:32:40
8	261	pip	MEO	f25-29	0:32:58
9	229	catherine	LLOYD	f25-29	0:33:59
10	228	angela	LITTLE	f25-29	0:34:00
11	71	stacey	BROWN	f25-29	0:34:39
12	479	nicola	MCCARTHY	f25-29	0:34:41
13	719	audrey	DUNLAVY	f25-29	0:34:49
14	327	diana	SANDERS	f25-29	0:34:55
15	332	lori	SCOTT	f25-29	0:36:39
16	662	sinead	DUNNE	f25-29	0:37:19
17	591	elizabeth	STEWART	f25-29	0:38:08
18	286	siobhan	O'KANE	f25-29	0:38:15
19	641	laura	DAVIDSON	f25-29	0:38:42
20	334	taryn	SEAMAN	f25-29	0:38:46
21	330	kathleen	SAWAYA	f25-29	0:40:26
22	653	fran	EVERSFIELD	f25-29	0:40:43
23	712	sheila	KENNEALLY	f25-29	0:41:30
24	531	sarah	PETERSON	f25-29	0:43:34
25	217	becci	LAMPARD	f25-29	0:51:21

1	9	carmel	HANLY	f30-34	0:26:25
2	769	claire	WOODS	f30-34	0:29:54
3	19	lizzy	GILMORE	f30-34	0:30:14
4	731	rachel	RICHARDSON	f30-34	0:30:43
5	94	yvanca	CLARISSE	f30-34	0:31:27
6	84	kristen	CAPACCIO	f30-34	0:32:10
7	625	jane	OGG	f30-34	0:33:03
8	393	marieke	WIJNEN	f30-34	0:33:05
9	772	shannon	EMMETT	f30-34	0:33:12
10	768	mairead	WOODS	f30-34	0:33:35
11	753	joanne	MILLER	f30-34	0:33:56
12	385	alexandra	WALTON	f30-34	0:34:21
13	629	jennifer	DAVIS	f30-34	0:34:31
14	382	angie	WALL	f30-34	0:34:32
15	473	tiffany	CAMERON	f30-34	0:35:10
16	86	sarah	CARSTENS	f30-34	0:35:19
17	749	leigh	GORDON	f30-34	0:35:41
18	161	marie	FONUUA	f30-34	0:36:04
19	139	abigail	FORBES	f30-34	0:36:11
20	172	vicki	HARRIS	f30-34	0:37:06
21	211	greta	KNIGHT	f30-34	0:37:43
22	695	mair	BROOKS	f30-34	0:38:36
23	182	sara	HILL	f30-34	0:38:40
24	683	gowan	KING	f30-34	0:40:36
25	164	liz	HALES	f30-34	0:40:47

26	317	samantha	ROBINSON	f30-34	0:41:06
27	48	angela	BEAN	f30-34	0:44:03
28	242	jan	MAITLAND	f30-34	0:44:11
29	756	kylie	BRYHAM	f30-34	0:47:50
30	396	renee	WOLVAARDT	f30-34	0:49:45
31	734	caroline	LIDGARD	f30-34	0:53:21

1	673	samantha	WARRINER	f35-39	0:25:13
2	275	inge	MORTON	f35-39	0:29:50
3	551	theresa	BIDWELL	f35-39	0:30:06
4	65	rachel	BOWIE	f35-39	0:32:26
5	158	katie	GORMLEY	f35-39	0:33:08
6	451	cara	SMITH	f35-39	0:34:01
7	131	lisa	ENSOR	f35-39	0:34:16
8	45	kiri	BARFOOT	f35-39	0:35:42
9	204	namiko	KELLY	f35-39	0:35:55
10	184	claire	HOBDAY	f35-39	0:38:06
11	47	rachel	BARNES	f35-39	0:38:45
12	701	maria	O'KANE	f35-39	0:39:18
13	346	nicola	SPROULE	f35-39	0:39:24
14	224	geraldine	LEWIS	f35-39	0:39:34
15	643	sharyn	OTENE	f35-39	0:41:05
16	312	maria	RASTBERG	f35-39	0:43:04

1	15	julia	CREE	f40-44	0:29:17
2	696	jacqui	MCKANNY	f40-44	0:34:05
3	68	linda	BREEKVELDT	f40-44	0:34:52
4	335	natalie	SEAY	f40-44	0:35:03
5	243	christine	MARSHALL	f40-44	0:36:54
6	151	christine	GILL	f40-44	0:37:12
7	187	dom	HOPKINSON	f40-44	0:37:27
8	213	toni	KNOWLES	f40-44	0:38:04
9	587	ilona	LUMBORG	f40-44	0:38:07
10	165	jo	HAMMER	f40-44	0:38:11
11	705	brigid	GALLETLY	f40-44	0:38:41
12	64	danielle	BOVEN	f40-44	0:39:55
13	362	sandra	TOPPIN	f40-44	0:42:09

1	511	lesley	DOUGHTY	f45-49	0:33:36
2	132	karen	EVANS	f45-49	0:34:48
3	762	julie	SALT	f45-49	0:35:07
4	209	shelley	KING	f45-49	0:35:25
5	568	fujine	WOLKEN	f45-49	0:36:22
6	33	robyn	ACKERMANN	f45-49	0:36:40
7	276	susan	MUDFORD	f45-49	0:37:39
8	247	karen	MC CARTHY	f45-49	0:37:53
9	751	debra	HARALDSEN	f45-49	0:38:57

10	227	jenny	LINDSAY	f45-49	0:39:00
11	145	susan	FROMM	f45-49	0:39:28
12	337	robin	SHEPHERD	f45-49	0:40:12
13	771	kirsty	BAILLIE	f45-49	0:41:02
14	112	michelle	DEMPSTER	f45-49	0:42:59

1	11	josie	SINCLAIR	f50-54	0:29:38
2	298	margie	PEAT	f50-54	0:31:23
3	288	helen	O'SHAUGHNESSY	f50-54	0:33:39
4	301	jane	PHILLIPSON	f50-54	0:33:54
5	70	penny	BROTHERS	f50-54	0:34:58
6	189	karen	HUNT	f50-54	0:35:05
7	72	helene	BROWNE	f50-54	0:38:18
8	386	anna	WASHER	f50-54	0:40:20
9	735	jane	BEVERIDGE	f50-54	0:41:21
10	73	vanna	BUCHAN	f50-54	0:44:15
11	699	jackie	VALLANCE	f50-54	0:47:11

1	343	lorene	SMITH	f55-59	0:32:28
2	241	tina	MAHER	f55-59	0:35:52
3	319	jeanette	ROGERS	f55-59	0:40:03
4	377	jenny	VINSEN	f55-59	0:41:07
5	198	charmayne	JOHNSTONE	f55-59	0:48:21

1	356	jacky	TASKER	f65-69	0:43:57
2	208	glenis	KING	f65-69	0:47:26

1	90	joan	CHEADLE	f70-74	0:48:09
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Position	Race Number	Name	Name	Category	Actual race time (Hrs:Mins:Secs)
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**Male**

1	13	sam	MORREAU	m13-16	0:23:47
2	18	cooper	RAND	m13-16	0:25:20
3	77	cameron	BURSTALL	m13-16	0:25:40
4	183	seton	HILL	m13-16	0:26:18
5	24	cameron	URGERT	m13-16	0:26:34
6	140	matt	FRANKLIN	m13-16	0:26:35
7	258	matthew	MCQUEEN	m13-16	0:27:07
8	42	nicholas	BAILEY	m13-16	0:28:43
9	563	jack	MOODY	m13-16	0:29:14
10	482	guy	WILLIAMS	m13-16	0:29:17
11	177	ryan	HELG	m13-16	0:29:23
12	718	alexis	CARLIER	m13-16	0:29:58
13	41	daniel	BACKMAN	m13-16	0:31:15
14	277	timothy	MUDFORD	m13-16	0:34:10
15	350	jordan	SWITZER-CORBETT	m13-16	0:35:08

1	6	sam	FRANKLIN	m17-19	0:24:34
2	25	harry	DILLON	m17-19	0:24:59
3	624	alexi	PETRIE	m17-19	0:25:06
4	14	matthew	RUSSELL	m17-19	0:25:36
5	713	nick	GRAHAM	m17-19	0:26:24
6	501	bradley	ALDRICH	m17-19	0:26:32
7	430	jacob	LIM	m17-19	0:27:44
8	365	thomas	TREMLETT	m17-19	0:30:13
9	147	howie	GAUDIN	m17-19	0:30:16

1	739	lee	GREER	m20-24	0:23:15
2	754	steve	WORTHINGTON	m20-24	0:23:37
3	605	bruce	HUNTER	m20-24	0:24:54
4	757	james	UPTON	m20-24	0:25:17
5	506	jared	BOWDEN	m20-24	0:25:18
6	709	craig	SMITH	m20-24	0:27:57
7	708	matt	LORY	m20-24	0:27:59
8	370	samuel	TYLER	m20-24	0:28:47
9	722	josh	BRANCH	m20-24	0:29:31
10	359	sam	THOM	m20-24	0:29:37
11	770	shane	SMITH	m20-24	0:30:14
12	613	alex	WHITCHER	m20-24	0:31:09
13	536	bruce	SLADE	m20-24	0:31:12
14	74	toby	BULLER	m20-24	0:31:38
15	316	dave	ROBERTSON	m20-24	0:31:39
16	50	charles	BELCHER	m20-24	0:32:10

1	564	liam	SCOPES	m25-29	0:23:11
2	636	jon	ROBINSON	m25-29	0:26:43
3	83	todd	CALKIN	m25-29	0:27:25
4	60	brad	BOOYSEN	m25-29	0:27:36
5	733	david	BOWDEN	m25-29	0:27:54
6	61	peter	BOSCH	m25-29	0:28:27
7	162	michael	HALE	m25-29	0:28:51
8	106	sam	DALEY	m25-29	0:29:02
9	759	richard	SPEER	m25-29	0:29:12
10	95	wayne	CLARKE	m25-29	0:29:29
11	774	wesley	KEEP	m25-29	0:29:42
12	199	shane	JORDAN	m25-29	0:30:42
13	222	bryce	LEIGH	m25-29	0:32:12
14	197	chris	JOHNSTON	m25-29	0:32:36
15	215	sam	KYNGDON	m25-29	0:32:55
16	150	rowan	GIBSON	m25-29	0:33:30
17	534	alistair	RUSSELL	m25-29	0:34:05
18	732	drugh	WOODS	m25-29	0:37:12
19	303	gareth	POLEY	m25-29	0:37:19
20	652	jarrod	DARLINGTON	m25-29	0:37:40
21	669	frank	NELISI	m25-29	0:41:55

1	12	carl	READ	m30-34	0:25:34
2	379	andrew	WALKER	m30-34	0:27:01
3	631	shaun	JACKA	m30-34	0:27:10
4	91	ben	CHIDGEY	m30-34	0:27:30
5	513	matt	FILLMORE	m30-34	0:27:51
6	453	daniel	STONER	m30-34	0:28:00
7	752	kris	DENDER	m30-34	0:28:10
8	85	byron	CARR	m30-34	0:28:52
9	58	robert	BLAND	m30-34	0:29:05
10	93	james	CHRISTIAN	m30-34	0:29:13
11	129	ben	EITELBERG	m30-34	0:29:26
12	514	quentin	FOGARTY	m30-34	0:29:43
13	254	glen	MCLUCKIE	m30-34	0:29:54
14	152	gordon	GILLAN	m30-34	0:30:00
15	603	jamie	MACKIE	m30-34	0:31:10
16	109	james	DAVISON	m30-34	0:31:54
17	63	daniel	BOULTON	m30-34	0:32:02
18	586	rob	IREMONGER	m30-34	0:32:03
19	434	shaun	MCWHIRTER	m30-34	0:32:51
20	721	craig	AUSTIN	m30-34	0:33:25
21	704	sean	COPE	m30-34	0:33:50
22	765	shaun	BLACKIE	m30-34	0:33:59
23	761	scott	GORDON	m30-34	0:34:14
24	156	hayden	GOLDSACK	m30-34	0:34:50
25	124	rodney	DEACON	m30-34	0:35:38
26	446	jimmy	RUBENA	m30-34	0:37:15
27	373	matt	VAN DER LOOS	m30-34	0:37:18
28	680	grant	DIFFORD	m30-34	0:40:09
29	96	david	CLIFTON	m30-34	0:41:14

30	764	babot	NICOLAS	m30-34	0:43:12
31	741	graeme	STEWART	m30-34	0:43:13
32	294	andrew	PARSONS	m30-34	0:43:33

1	619	mike	SMALL	m35-39	0:27:23
2	523	chris	KERR	m35-39	0:28:09
3	193	tony	INNES	m35-39	0:28:59
4	760	kevin	ALLEN	m35-39	0:29:01
5	711	campbell	PRITCHARD	m35-39	0:29:03
6	55	michael	BILSBOROUGH	m35-39	0:29:16
7	392	craig	WIGGLESWORTH	m35-39	0:29:45
8	226	geoff	LEYLAND	m35-39	0:29:53
9	560	stephen	HURDLEY	m35-39	0:30:06
10	292	keith	PARK	m35-39	0:30:24
11	212	krsnendu	KNIGHT	m35-39	0:30:37
12	422	cameron	HARPER	m35-39	0:30:49
13	609	nick	GOLDWATER	m35-39	0:31:01
14	285	mead	NORTON	m35-39	0:31:35
15	472	jason	CAMERON	m35-39	0:31:47
16	203	jon	KEARINS	m35-39	0:31:49
17	604	warwick	CATCHPOLE	m35-39	0:31:55
18	388	russ	WEBBER	m35-39	0:31:56
19	175	anton	HAUETER	m35-39	0:31:58
20	230	wayne	LOADER	m35-39	0:32:13
21	417	sam	GOLDWATER	m35-39	0:32:19
22	111	benjamin	DEARLOVE	m35-39	0:32:28
23	320	jason	ROOFE	m35-39	0:32:41
24	218	glen	LARSEN	m35-39	0:32:49
25	137	hamish	FIRTH	m35-39	0:33:21
26	135	danny	FARNHAM	m35-39	0:33:42
27	519	nicholas	GUEBHARD	m35-39	0:34:00
28	729	nick	PATERSON	m35-39	0:34:04
29	282	peter	NELSON	m35-39	0:34:06
30	240	john	MAGER	m35-39	0:34:08
31	692	shane	HALL	m35-39	0:34:45
32	82	julian	DIMECH	m35-39	0:35:19
33	726	ross	DWYER	m35-39	0:35:20
34	728	scott	MARTIN	m35-39	0:37:46
35	745	mark	COLTHART	m35-39	0:40:07
36	338	warwick	SICKLING	m35-39	0:40:49
37	542	paul	WATSON	m35-39	0:42:53

1	515	brent	FOSTER	m40-44	0:22:35
2	20	darragh	WALSHE	m40-44	0:26:57
3	518	rodney	GORDON	m40-44	0:27:16
4	310	martin	RALPH	m40-44	0:28:16
5	437	simon	MILLAR	m40-44	0:28:54
6	244	daniel	MARSHALL	m40-44	0:29:27
7	200	phil	JOYCE	m40-44	0:29:35

8	458	richard	TIMS	m40-44	0:30:10
9	710	david	JOYCE	m40-44	0:30:17
10	100	hamish	COMMONS	m40-44	0:30:27
11	142	john	FREAR	m40-44	0:30:30
12	133	geoff	EVISON	m40-44	0:30:40
13	263	aj	MILES	m40-44	0:31:34
14	259	dalphon	MECKO	m40-44	0:31:43
15	125	simeon	EATON	m40-44	0:32:00
16	744	vaughn	WOODS	m40-44	0:32:06
17	341	chris	SMIT	m40-44	0:32:15
18	297	matt	PEARSON	m40-44	0:32:22
19	251	jonathan	MCKENZIE	m40-44	0:32:43
20	87	steve	CARTER	m40-44	0:33:08
21	375	roger	VENN	m40-44	0:33:46
22	190	scott	HUNTINGTON	m40-44	0:34:06
23	88	richard	CHANTREY	m40-44	0:34:11
24	252	damon	MCLACHLAN	m40-44	0:34:13
25	274	graham	MORTON	m40-44	0:34:18
26	267	brendan	MOORE	m40-44	0:34:20
27	295	paresh	PATEL	m40-44	0:34:58
28	300	sebastien	PHAM	m40-44	0:35:30
29	391	glen	WHITE	m40-44	0:35:34
30	167	chris	HANNA	m40-44	0:37:25
31	742	mark	WEEDON	m40-44	0:37:33
32	191	todd	HUNTINGTON	m40-44	0:37:34
33	746	reuben	GWYN	m40-44	0:38:34
34	526	derek	MARTIN	m40-44	0:38:48
35	264	jonathan	MILES	m40-44	0:38:53
36	130	micheal	FERGUSON	m40-44	0:38:58
37	486	roger	WARREN	m40-44	0:39:10
38	289	ed	OVERY	m40-44	0:39:15
39	698	david	TOKIOS	m40-44	0:39:48
40	115	steve	DOHERTY	m40-44	0:41:06
41	476	tim	DOUGHERTY	m40-44	0:41:29
42	763	bernie	DIVER	m40-44	0:41:53
43	352	paul	SYKES	m40-44	0:44:42

1	616	walter	THORBURN	m45-49	0:25:08
2	176	tony	HAWKES	m45-49	0:27:13
3	80	adrian	BUTCHER	m45-49	0:28:03
4	539	glen	TASKER	m45-49	0:29:52
5	117	warren	DRINKWATER	m45-49	0:29:59
6	134	frank	EXCELL	m45-49	0:30:08
7	239	al	MACFARLAN	m45-49	0:31:08
8	318	terry	ROBINSON	m45-49	0:31:44
9	403	william	BLACK	m45-49	0:31:47
10	585	mark	COWLING	m45-49	0:32:26
11	467	steve	WILLIAMSON	m45-49	0:32:27
12	397	anthony	WOODHOUSE	m45-49	0:32:30
13	384	richard	WALSH	m45-49	0:32:39
14	425	joe	HOGAN	m45-49	0:32:50

15	355	michael	TANE	m45-49	0:32:58
16	248	damon	MCCARTHY	m45-49	0:34:09
17	39	ian	ANDREWS	m45-49	0:34:28
18	234	rob	LUND	m45-49	0:35:43
19	313	bruce	REA	m45-49	0:36:17
20	105	kevin	CURRAN	m45-49	0:36:42
21	367	russell	TROY	m45-49	0:37:38
22	333	gary	SEAMAN	m45-49	0:38:30
23	220	richard	LAST	m45-49	0:41:54
24	36	paul	ADKINS	m45-49	0:42:04
25	730	david	PORTER	m45-49	0:42:20

1	339	paul	SIMONS	m50-54	0:27:18
2	688	jack	WOLKEN	m50-54	0:29:40
3	31	johan	ACKERMANN	m50-54	0:30:11
4	127	bryce	EDWARDS	m50-54	0:31:04
5	720	kevin	LOFT	m50-54	0:31:42
6	153	russell	GILLIES	m50-54	0:32:29
7	143	tom	FRENTZ	m50-54	0:32:52
8	561	tony	KING	m50-54	0:33:13
9	136	marty	FINCH	m50-54	0:33:38
10	775	bruce	GRAHAM	m50-54	0:34:01
11	103	rob	CORNE	m50-54	0:34:07
12	640	paul	BOWSKILL	m50-54	0:34:17
13	253	alan	MCLINTIC	m50-54	0:34:19
14	620	andrew	DAVIDSON	m50-54	0:34:35
15	406	scott	BURRIDGE	m50-54	0:35:21
16	581	david	BENSON	m50-54	0:36:51
17	210	vincent	KIRRANE	m50-54	0:37:29
18	302	ray	PITCH	m50-54	0:37:32
19	236	brendan	LYNE	m50-54	0:37:43
20	408	barry	CRIBBENS	m50-54	0:37:55
21	246	tom	MASON	m50-54	0:38:44
22	758	arthur	JONES	m50-54	0:39:13
23	232	phil	LORY	m50-54	0:42:58
24	188	shaun	HOULAHAN	m50-54	0:45:12

1	552	martin	BLAMPIED	m55-59	0:29:04
2	54	paul	BERRY	m55-59	0:29:32
3	743	bob	WILSHIRE	m55-59	0:30:07
4	328	george	SANDERS	m55-59	0:32:34
5	290	glynn	OWENS	m55-59	0:35:22
6	181	john	HEYES	m55-59	0:36:37
7	773	nicholas	GIBSON	m55-59	0:38:01
8	207	ross	KIDD	m55-59	0:38:02
9	67	brett	BRADLEY	m55-59	0:40:53
10	250	andrew	MCGREGOR	m55-59	0:41:32
11	502	tatsushi	ARAI	m55-59	0:43:38

1	723	john	BRODIE	m60-64	0:32:46
2	363	mike	TOWNSEND	m60-64	0:33:17
3	674	david	WICKSTEAD	m60-64	0:33:54
4	627	stuart	HOULGRAVE	m60-64	0:34:02
5	633	garry	MASKILL	m60-64	0:35:54
6	157	jim	GOODWIN	m60-64	0:40:31
7	634	bevan	BROWN	m60-64	0:44:34
8	364	philip	TOWNSEND	m60-64	0:48:14

1	311	mike	RAMSAY	m65-69	0:37:35
2	336	douglas	SHADBOLT	m65-69	0:39:49
3	76	fred	BURKE	m65-69	0:39:51
4	260	michael	MEEKINGS	m65-69	0:41:37

1	740	alex	SHAW	m70-74	0:37:22
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